



POOL SCHEDULE

LAP POOL



AUGUST 10TH THROUGH SEPTEMBER 6TH

Monday

Time	Activity
6:00-9:30 am	Lap Swim
9:30-1:00 pm	Family Swim/Lap Swim
4:00-5:30 pm	Family Swim/Lap Swim
5:30-7:00 pm	Family Swim/Swim Lessons

Thursday

Time	Activity
6:00-9:30 am	Lap Swim
8:00-9:00 am	Lap Swim/Water Fitness
9:00-1:00 pm	Family Swim/Lap Swim
4:00-7:00 pm	Family Swim/Lap Swim

Tuesday

Time	Activity
6:00-8:00 am	Lap Swim
8:00-9:00 am	Lap Swim/Water Fitness
9:00-1:00 pm	Family Swim/Lap Swim
4:00-7:00 pm	Family Swim/Lap Swim

Friday

Time	Activity
6:00-9:30 am	Lap Swim
9:30-1:00 pm	Family Swim/Lap Swim
4:00-7:00 pm	Lap Swim
4:00-7:00 pm	Family Swim

Wednesday

Time	Activity
6:00am-9:30 am	Lap Swim
9:30-1:00 pm	Family Swim/Lap Swim
4:00-7:00 pm	Lap Swim
4:00-7:00 pm	Family Swim

Saturday

Time	Activity
9:15-3:00 pm	Lap Swim
9:15-3:00 pm	Family Swim

Sunday

Time	Activity
12:15-3:15 pm	Lap Swim
12:15-3:15 pm	Family Swim

All youth swimmers 12 and under must take and pass a swim test before swimming in the deep end of the lap pool.

Green Neckbands can be picked up at the Welcome Center upon check in at the YMCA.

Age Policy in the Pool:

A parent or guardian must be IN THE POOL with any child age 8 or younger who has not passed the swim test. If the 8 or younger swimmer passes the swim test, the parent must remain on the pool deck.

A parent must remain ON DECK with any child age 9 or 10 that has NOT passed the swim test.